

MEMORANDUM

Jeppe High School for Boys



Grade: 9

Examination: Life Orientation

Date: 19th September 2019

Duration: 1½ Hours

Total Marks: 70

Examiner: J. de Lange

Moderator: B. Riskowitz / R. Riskowitz

Number of Pages: 8

SECTION A (COMPULSORY)

1.1.1 A

1.1.2 B

1.1.3 B

1.1.4 D

1.1.5 B

1.2 Give ONE word/term for each of the following descriptions. Write only the word/term next to the question numbers (1.2.1 to 1.2.5) in the ANSWER BOOK.

1.2.1 Someone who people look up to and admire. (1)

Role model ✓

1.2.2 Being worthy of honour and respect, simply for being born a human. (1)

Human dignity ✓

1.2.3 Something which can be kept going over time. (1)

Sustainable ✓

1.2.4 The Act that limits work hours in a week and regulates lunch breaks. (1)

The Basic Conditions of Employment Act ✓

1.2.5 The Act that regulates the rights of workers to join trade unions. (1)

The Labour Relations Act ✓

TOTAL SECTION A: 10

SECTION B (COMPULSORY)

QUESTION 2

2.1 Define the term “grief” and explain TWO symptoms of grief. (1+2) (3)

a) Definition

Grief is a normal expression of loss / a feeling of deep extreme sadness/ a deep sorrow.

b) Mention two symptoms of grief for two marks; possible answers:

Depression, trouble sleeping, feelings of anger and bitterness, anxiety, loss of appetite, and general aches and pains.

2.2 Describe a potential danger of engaging in underage drinking. (1X2) (2)

Make a point ✓ and explain that point in light of the question ✓; possible answers:

Car crashes; Falls, drowning, and other accidents; Suicide; Violence and homicide; Being a victim of violent crime; Sexually transmitted infections; Unwanted pregnancy; Sexual assault or rape

- 2.3 Discuss why teenagers often resort to alcohol and drugs as a coping technique. (1X2) (2)

Make a point ✓ and explain that point in light of the question ✓ ; possible answers:
Makes them feel good. ✓ Escape their problems for a short while. ✓

- 2.4 Advise your friend on how problem-solving skills can help him to respond to his emotions in challenging situations. (2X2) (4)

Make a point ✓ and explain that point in light of the question ✓
Make another point ✓ and explain that point in light of the question ✓ ; possible answers:

- 2.5 Critically discuss TWO possible causes of depression in the lives of adolescents. (2X2) (4)

Make a point ✓ and explain that point in light of the question ✓
Make another point ✓ and explain that point in light of the question ✓ ; possible answers:

feelings of worthlessness and inadequacy over their grades. School performance, social status with peers, sexual orientation, or family life can each have a major effect on how a teen feels. Sometimes, teen depression may result from environmental stress. But whatever the cause, when friends or family -- or things that the teen usually enjoys -- don't help to improve his or her sadness or sense of isolation, there's a good chance that he or she has teen depression.

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QUESTION 3

- 3.1. Define the term "volunteer" and state reasons why people become volunteers. (1+2) (3)

a) Definition

the principle of donating time and energy for the benefit of other people in the community as a social responsibility rather than for any financial reward

b) Two reasons people volunteer for two marks; possible answers:

Work experience. ✓ Genuine care for others. ✓ Forced to. ✓

- 3.2. Explain how NPOs raise money to fulfil their duties. (1X2) (2)

Make a point ✓ and explain that point in light of the question ✓ ; possible answers:

NATIONAL Lottery Fund

Companies and businesses (financial donations)

Sponsorships from businesses (publicity)

Fundraisers

- 3.3. Discuss the significance of teaching young children about entrepreneurship.

(1X2) (2)

Make a point ✓ and explain that point in light of the question ✓ ; possible answers:
Exposure to the world of business and entrepreneurship helps children to develop their confidence across the board. In order to pursue an entrepreneurial endeavour, it is essential to be able to confidently 'sell' yourself, your product or your service. When learning about entrepreneurship, children are taught how to express themselves to people and how to get their points across well in order to close deals. Additionally, teaching entrepreneurship often involves communicating with people who a child may not necessarily have come across in any other circumstances. Development of good communication skills is integral to business.

- 3.4. Critically discuss TWO positive ways that NPOs contribute to the social health of the community they work in.

(2X2) (4)

Make a point ✓ and explain that point in light of the question ✓
Make another point ✓ and explain that point in light of the question ✓
Helps develop self-confidence and encourages children to become future leaders, intellectuals and entrepreneurs
Offer counselling services to give people professional guidance on how to deal with personal or social problems
They offer their support to young people and the education of the next generation by offering learners after school in communities

- 3.5. Recommend TWO ways that NPOs can help create more environmental awareness.

(2X2) (4)

Make a point ✓ and explain that point in light of the question ✓
Make another point ✓ and explain that point in light of the question ✓ ; possible answers:
Through educational programmes: Introduce the 3 R's to learners at school: reduce waste, reuse resources, and recycle materials.
Organise tree planting days at school and tell them why trees are important to the environment.
Encourage children to switch off all appliances and lights when not in use to save energy
Ensure taps are closed properly after you have used them and use water sparingly
Schools should encourage parents to share their environmental knowledge to their kids at home
Schools must lead the conversation. environmental awareness should be a part of the curriculum in all schools

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TOTAL SECTION B: 30

SECTION C

Answer any TWO questions in this section.

QUESTION 4

- What does “NSFAS” stand for and list TWO other funding options when it comes to your studies. (1+2) (3)

a) Stand for?

National Student Financial Aid Scheme

b) Two other funding options for two marks; possible answers:

Loan; scholarship; bursary; internship; learnership.

- Explain THREE reasons why it is important to do research before you make decisions about your career. (3X2) (6)

Make a point ✓ and explain that point in light of the question ✓

Make another point ✓ and explain that point in light of the question ✓

Make another point ✓ and explain that point in light of the question ✓ ; possible answers:

There are countless career options to choose from and it can be a daunting task to narrow it down to the one that is best suited for you. To understand of the requirements and responsibilities and ultimately, its compatibility with your interests, strengths and personality.

To make the most informed decision, to give you the best chance of success

You may get invaluable insight into other factors surrounding the career that may influence whether or not it is something you could see yourself doing over the long term.

Career research offers you a preview of a career prior to committing to it.

- Recommend TWO possible resources that a Grade 9 learner can use to assist them with their subject choice selections. In your answer, discuss how these resources can also benefit them in preparing them for their future careers. (2X3) (6)

1st recommendation ✓ and explain that recommendation ✓ and explain how this may

help them prepare for their future careers. ✓

2nd recommendation ✓ and explain that recommendation ✓ and explain how this may help them prepare for their future careers. ✓ ; possible answers:

Speaking to teachers about the expected work load and difficulty of a subject and compare that against your abilities. This will help you make a more informed decision for the future.

Completing a psychometric assessment to learn more about values, aptitude, and interest etc. This will help you make a more informed decision for the future.

Discuss experiences of studying a subject with senior learners. This will help you make a more informed decision for the future.

Career open days at tertiary institutions to get useful information. This will help you make a more informed decision for the future.

Career counsellors can give professional and guide and support learners to make an informed decision. This will help you make a more informed decision for the future.

Life Orientation teachers can discuss all possible choices of subjects and possible careers. This will help you make a more informed decision for the future.

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QUESTION 5

- Define the concept of “crisis” and state whether or not the situation above could be called a crisis. (1+2) (3)

a) Definition

a time of intense difficulty or danger.

b) State whether or not the above situation could be considered a crisis for two marks; possible answers:

DO NOT GIVE A MARK FOR SAYING YES OR NO

it is a crisis because the floods were very dangerous/resulted in great damage

- Explain how this situation could lead to depression in the victims of the floods. (3X2) (6)

Make a point ✓ and explain that point in light of the question ✓

Make another point ✓ and explain that point in light of the question ✓

Make another point ✓ and explain that point in light of the question ✓ ; possible answers:

If people deny their feelings ✓ it build up and may lead to depression ✓

They do not obtain help ✓ and keep their emotions they can become depressed ✓

They cannot cope with the situation ✓, and they cannot function normally which lead to depression ✓.

- Recommend TWO ways that the residents living in community halls can ensure that they do not become depressed. In your answer, discuss how this can help them avoid depression in the future. (2X3) (6)

1st recommendation ✓ and explain that recommendation ✓ and explain how this may

help them avoid depression in the future. ✓

2nd recommendation ✓ and explain that recommendation ✓ and explain how this may help them avoid depression in the future. ✓ ; possible answers:

Speak to the counsellors provided ✓ to express emotions ✓. This will give them a coping mechanism to prevent depression in the future. ✓

Try to create a normal routine ✓, and focus on the positive ✓. This will give them a coping mechanism to prevent depression in the future. ✓

Get enough sleep ✓ and balance with exercises ✓. This will give them a coping mechanism to prevent depression in the future. ✓

Help others around you, it often helps you to feel good about yourself in return. This will give them a coping mechanism to prevent depression in the future. ✓

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QUESTION 6

- Define the term “reconciliation” and briefly explain the link between poverty and violence.

(1+2) (3)

a) Definition

the restoration of friendly relations.

b) Explain the link between poverty and violence for two marks; possible answers:

Feeling afraid and scared, so they do not leave their houses

People may become aggressive, because they do not know how to handle the situation

People might become distrustful of other, and relationship are broken

Individual’s self-esteem is low, because they blame themselves

The emotional scars let the individual doubt themselves, so they see themselves as lesser of a person

People may get depressed, and it has a negative impact on work or school

- Discuss the emotional impact of violence on the individuals’ health.

(3X2) (6)

Make a point ✓ and explain that point in light of the question ✓

Make another point ✓ and explain that point in light of the question ✓

Make another point ✓ and explain that point in light of the question ✓ ; possible answers:

Feeling afraid and scared, so they do not leave their houses

People may become aggressive, because they do not know how to handle the situation

People might become distrustful of other, and relationship are broken

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The emotional scars let the individual doubt themselves, so they see themselves as lesser of a person

People may get depressed, and it has a negative impact on work or school

- Recommend TWO practical strategies that young people can employ if they witnessed crime and violence. In your answer, also indicate how they can use their experiences to encourage other people who have experienced similar situations. (2X3) (6)

1st recommendation ✓ and explain that recommendation ✓ and explain how they can use their experiences to encourage others. ✓

2nd recommendation ✓ and explain that recommendation ✓ and explain how they can use their experiences to encourage others. ✓ ; possible answers:

If you are unsure about how to escape from violent situation, get help from police or an adult. THEY can use this experience to teach others to do the same, which will encourage them.

Speak out and tell them you are not ok or do not like what they are doing. THEY can use this experience to teach others to do the same, which will encourage them.

Join a community group that works against violence to become informed and educated around violence. THEY can use this experience to teach others to do the same, which will encourage them.

You can become an anti-violence activist in school or community that fights violence. THEY can use this experience to teach others to do the same, which will encourage them.

If you see violence at your school, speak to counsellor/social worker to report the violent act. THEY can use this experience to teach others to do the same, which will encourage them.

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**TOTAL SECTION C: 30
GRAND TOTAL: 70**