

Jeppes High School for Boys



Grade: 9 Examination: Life Orientation

Date: 19th September 2019

Duration: 1½ Hours

Total Marks: 70

Examiner: J. de Lange

Moderator: B. Riskowitz / R. Riskowitz

Number of Pages: 8

Instructions:__

- Complete the front cover of your answer booklet.
- Answer all questions in the answer booklet provided.
- Number in the middle of the page.
- Rule off after each section.
- The following are not allowed in the examination room: school bags, cell phones, smart watches, tablets, books, dictionaries, notes, sketches or paper.

Only the official examination material distributed by the invigilator is allowed.

SECTION A (COMPULSORY)

Answer ALL the questions in this section.

QUESTION 1

1.1 Various options are provided as possible answers to the following questions.

Choose the most correct answer and write only the letter (A-D) next to the question numbers (1.1.1 to 1.1.5) in the ANSWER BOOK, e.g. 1.1.6 B.

1.1.1 Which of the following is NOT an influence on personal lifestyle choices?

- A. Nutrition.
- B. Family.
- C. Media.
- D. Environment.

1.1.2 The following is a major cause of unhealthy sexual behaviour:

- A. marriage
- B. having a negative view on life
- C. sex education
- D. diet.

1.1.3 Which of the following is NOT an example of an STI?

- A. Gonorrhoea.
- B. Cystic fibrosis.
- C. Human papillomavirus.
- D. Chlamydia.

1.1.4 Teenagers who choose to abstain need to:

- A. act on every sexual urge
- B. wear protection each time they have sex
- C. please their partner at every will and whim
- D. learn to say "no".

1.1.5 "Accountability" means:

- A. one's Accounting ability
- B. taking responsibility for one's actions
- C. how high your bank balance is
- D. buying things on credit.

(5X1) (5)

1.2 Give ONE word/term for each of the following descriptions. Write only the word/term next to the question numbers (1.2.1 to 1.2.5) in the ANSWER BOOK.

1.2.1 Someone who people look up to and admire. (1)

1.2.2 Being worthy of honour and respect, simply for being born a human. (1)

1.2.3 Something which can be kept going over time. (1)

1.2.4 The Act that limits work hours in a week and regulates lunch breaks. (1)

1.2.5 The Act that regulates the rights of workers to join trade unions. (1)

TOTAL SECTION A: 10

SECTION B (COMPULSORY)

Answer ALL the questions in this section. Write your answers in full sentences.

QUESTION 2

Study the image below and answer the questions that follow:

Source: TeenActiv. 2019. Available from: www.teenactiv.co.za

WEEDING OUT DEPRESSION

Though all adolescents are at risk, particular sensitivity and care should be taken with young people suffering from depression. Many victims of Post-Traumatic Stress Disorder, for example, go on to develop substance abuse problems. At first, substance use may serve to help the individual cope with the emotional stress, but the suppressive values of substances like alcohol can actually worsen depression. Progression from occasional usage to more serious abuse can be a slippery slope. In the long run, addressing the nature and impact of trauma can foster healing and growth, whereas using substances as a coping mechanism can lead to long-term health issues.

- 2.1 Define the term “grief” and explain TWO symptoms of grief. (1+2) (3)
- 2.2 Describe a potential danger of engaging in underage drinking. (1X2) (2)
- 2.3 Discuss why teenagers often resort to alcohol and drugs as a coping technique. (1X2) (2)
- 2.4 Advise your friend on how problem-solving skills can help him to respond to his emotions in challenging situations. (2X2) (4)
- 2.5 Critically discuss TWO possible causes of depression in the lives of adolescents. (2X2) (4)
- [15]**

QUESTION 3

Study the excerpt below and answer the questions that follow:

Source: Capetow.travel. 2019. Available from: www.capetow.travel.com

AMY BIEHL FOUNDATION

A Cape Town youth NPO that focuses on empowering youth aged between 5 and 18. The Amy Biehl Foundation has many volunteers who work in challenging, vulnerable communities. Operating four times a week, the kids are each provided with a sandwich and a cool drink. Extramural activities include vital HIV/AIDS peer education, literacy, creative arts, sport, computer literacy, drama, entrepreneurship and environmental awareness.

- 3.1. Define the term “volunteer” and state reasons why people become volunteers. (1+2) (3)
- 3.2. Explain how NPOs raise money to fulfil their duties. (1X2) (2)
- 3.3. Discuss the significance of teaching young children about entrepreneurship. (1X2) (2)
- 3.4. Critically discuss TWO positive ways that NPOs contribute to the social health of the community they work in. (2X2) (4)
- 3.5. Recommend TWO ways that NPOs can help create more environmental awareness. (2X2) (4)

[15]

TOTAL SECTION B: 30

SECTION C

Answer any TWO questions in this section.

Your responses must consist of paragraphs. Marks will only be allocated for responses written in full sentences.

QUESTION 4

Read the extract below and answer the question that follows:

Source: Machika, P. 2014. Available from: <https://mg.co.za/article/2014-04-08-poor-students-face-massive-financial-stress>

LEARN TO EARN; EARN TO LEARN

Many students have a limited understanding of what will be required while studying at a higher education institution.

One respondent said: "My parents managed to pay the fees because they say they have saved me money for the fees only. [But there are] difficulties paying for my accommodation ... Both my parents work in a factory and cannot afford any extras."

Construct an essay on tertiary studies and the financial implications thereof (please number your paragraphs clearly).

Use the following as a guideline:

- What does "NSFAS" stand for and list TWO other funding options when it comes to your studies. (1+2) (3)
 - Explain THREE reasons why it is important to do research before you make decisions about your career. (3X2) (6)
 - Recommend TWO possible resources that a Grade 9 learner can use to assist them with their subject choice selections. In your answer, discuss how these resources can also benefit them in preparing them for their future careers. (2X3) (6)
- [15]**

QUESTION 5

Read the extract below and answer the question that follows:

Source: Eyewitness News. 2013. Available from: <https://ewn.co.za/2013/11/18/CT-spends-R3m-on-flood-victims>

FLOODGATES

City of Cape Town bosses say R3 million has been spent on providing those hardest hit by heavy rains with relief aid. Residents from 44 informal settlements situated across the peninsula were also affected with many of their homes being flooded. Cape Town Mayor, Patricia de Lille, says that this weekend's stormy weather is among the worst.

"I would like to extend my deepest condolences to those people who have lost their loved ones. The City of Cape Town spent R3 million to provide social relief to 18,000 residents affected by the floods."

Many residents had to be accommodated in community halls. Counsellors were on scene to assist.

Construct an essay on environmental issues and crisis (please number your paragraphs clearly).

Use the following as a guideline:

- Define the concept of "crisis" and state whether or not the situation above could be called a crisis. (1+2) (3)
 - Explain how this situation could lead to depression in the victims of the floods. (3X2) (6)
 - Recommend TWO ways that the residents living in community halls can ensure that they do not become depressed. In your answer, discuss how this can help them avoid depression in the future. (2X3) (6)
- [15]**

QUESTION 6

Read the extract below and answer the question that follows:

Source: Swingler, S. 2016. Available from:

<https://www.idrc.ca/en/research-in-action/community-work-programme-reduces-poverty-and-violence>

HELPING HANDS TO HEAL HATRED

Community Work Programme reduces poverty and violence South Africa's Community Work Programme (CWP) aims to reduce poverty, but researchers have found that it also has the unexpected effect of reducing violence. They realised that so many youngsters are witnesses to crime. This initiative highlights how work and wages from this community-driven program has influenced levels of crime and violence. Research led by the Centre for the Study of Violence and Reconciliation (CSVR) is shedding light on why this might be so, providing recommendations and working with authorities to strengthen the program and make cities safer for everyone.

Construct an essay on community service's role in bettering violent societies (please number your paragraphs clearly).

Use the following as a guideline:

- Define the term "reconciliation" and briefly explain the link between poverty and violence. (1+2) (3)
 - Discuss the emotional impact of violence on the individuals' health. (3X2) (6)
 - Recommend TWO practical strategies that young people can employ if they witnessed crime and violence. In your answer, also indicate how they can use their experiences to encourage other people who have experienced similar situations. (2X3) (6)
- [15]**

TOTAL SECTION C: 30
GRAND TOTAL: 70