Jeppe High School for Boys



MEMORANDUM

Subject: Life Orientation

June Examination 2018

Grade: 8

**SECTION A: 15 Marks**

**QUESTION 1: Multiple Choice**

1.1 **D**

1.2 **D**

1.3

1.4 **B**

1.5 **C**

 **[5]**

**QUESTION 2- True or False**

2.1 A romantic relationship always includes a physically sexual component.

**FALSE✓**

**A romantic relationship is based on love; this does not have to include a physically sexual component.**

2.2 Although we will have a predominant learning style we may use more than on

 style, depending on what we are learning.

**TRUE** **✓**

2.3 A person can only be physically dependant on a drug.

**FALSE✓ People can be psychologically addicted to drugs**

2.4 Someone with an aural learning style might enjoy doing oral reports.

**True ✓**

2.5 Self-esteem is fixed, you either have a good self-esteem or a bad one.

**FALSE✓**

**Self-esteem is not fixed; it can go up or down depending on the situation. You could have a high self-esteem in English class but not on the Hockey field.**

**A negative self-esteem can be developed into positive self-esteem.**

 **[5]**

**QUESTION 3 - Definitions**

Provide a definition for the following terms.

3.1 Acquaintance

 **A person who you know slightly but who is not a friend✓;**

**e.g. a friend of a friend✓.**

3.2 Kinesthetic/Kinaesthetic learning style

 **A learning style related to movement
and experiencing things.✓**

3.3 Social needs

 **The needs that create social value and opportunities**

**for people to have active and effective role in society✓**

3.4 Puberty

**The stage when a child’s body develops into an adult’s body✓**

3.5 Polygamy

 **the practice of having more than one wife or husband at the same time✓**

 **[5]**

**SECTION A: 15 MARKS**

**SECTION B: 25 Marks**

**QUESTION 4 – Scenario**

4.1 Was the way in which Max’s ex-girlfriend ended their relationship appropriate?

Provide reasons to substantiates your answer. (2)

**No✓**

**She did not communicate the break up in a calm and respectful manner✓**

**She did not communicate her feelings truthfully and did not explain her**

**situation to Max properly✓**

**She did not approach a trusted adult for support✓**

**Yes✓**

**If she felt uncomfortable or threatened by Max, avoiding contact with him by**

**sending text messages is appropriate.✓**

4.2 Name THREE **(3)** other appropriate ways to initiate a relationship that’s not evident

in Max’s new relationship.

**Be friendly immediately✓**

**Hold good conversations✓**

**Be interested in what the other person is saying✓**

**Make the other person feel comfortable and free from judgment✓**

**Look directly at the person while you are having a conversation with them✓**(3)

4.3 Provide Max with FOUR **(4)** appropriate behaviours that could prevent any

problems in his new relationship. Give an example for each behaviour. (4x2)(8)

**Confide in each other and keep each other’s information confidential.✓**

**Feel safe to express your thoughts and emotions to each other.✓**

**Always tell each other the truth about how you are feeling.✓**

**Accept each other’s individuality, uniqueness, values and beliefs.✓**

**Do not ask each other to do something that feels uncomfortable**

 **or is harmful.✓**

**Genuinely care about each other’s well-being.✓**

**Set boundaries- decide how you want to be treated by each other.✓**

**Support each other when faced with challenges.✓**

**Help each other grow.✓**

 **[13]**

**QUESTION 5 - Case Study**

5.1 In which TWO**(2)** school subjects is Zweli strongest? (2)

 **Social science ✓ and creative arts ✓**

5.2 What career category do you think Zweli would fit best in? (1)

 **Social✓**

5.3 Provide TWO(2) abilities recommended for the career category you

 chose in question 5.2 that Zweli might have.

**Likes to do things to help people - eg. teaching, nursing, giving first aid**

**or providing information✓**

**Is good at teaching, counseling, communicating,**

**nursing or giving information✓**

**Helpful, friendly, trustworthy✓**

**Generally avoids using machines, tools or animals to achieve a goal✓**

**values helping people and solving social problems✓** (2)

5.4 Comment on the relationship between Zweli’s performance in her

 school subjects and her interests as shown in her extra-mural

 activities.

**Bazi’s interests in history and languages are seen in her extra-mural participation in history and poetry clubs ✓

Her marks in Social Sciences and English are her highest marks ✓** (2)

5.5 Considering the fact that Economic Management Sciences has a
writing component, explaining Zweli’s performance in this subject. (2)

**Bazi enjoys writing ✓
OR her English mark is one of her highest marks ✓**

**AND she would therefore be good at a subject that requires
similar skills ✓**

5.6 Advise Zweli why he should not be thinking of choosing an investigative

 career category. (3)

 **Zweli does not do well in subjects such as Mathematics**

**and Natural science, which are subjects that the investigative**

**career category are linked to.**

**The interests and abilities related to the Investigative career**

**category are not what relate to Zweli’s subjects he does well in and**

**also not related to his extra murals. These are interests such as solving**

**and understanding math and science problems, being scientific,**

**preference to work alone and likes to solve complex problems.**

**[12]**

**SECTION B 25 MARKS**

**SECTION C: 30 Marks**

Only answer **TWO (2) of the THREE (3)** following questions. Please read all instructions as these can affect your marks.

**QUESTION 6**

Construct an essay in which you critically evaluate why so many people struggle with issues around sexuality. Your answer must include the following:

6.1 Define the term sexuality.

 **This is our understandings and feeling about sex and**

**us as a sexual being.✓ It incorporates everything to**

**do with sex including our sexual identity, gender role and sexual orientation.✓**

6.2 Discuss TWO**(2)** reasons why so many people struggle

with issues around sexuality.

**Any TWO for TWO marks each.**

**So many people struggle with issues of sexuality because**

 **it is incredibly personal**✓ **and can therefore be embarrassing to talk about**✓**.**

**Parents often struggle to talk to their children about sexuality**

 **(as in this cartoon)**✓ **and this sends the message to children that this**

 **is something that is taboo and should not be discussed**✓**.**

 **Sexuality is something that everyone deals with**✓ **and so not talking**

 **about it often leaves children and teens confused and unsure**

 **about what is happening to them**✓**.**

**People are often unsure of who to go to about these feelings**

 **or questions**✓ **they may have and unfortunately will often fill**

 **in the gaps with common myths or stereotypes learnt from**

 **peers or the media**✓**.**

6.3 Recommend and explain TWO**(2)** ways to develop a healthy understanding

of sexuality.

**Any TWO for TWO marks each.**

**In order to develop a healthy understanding of sexuality:**

* **It is important for you to understand that everyone is different**✓**; be careful about comparing yourself to others – including those on the media**✓**.**

**Find somebody you trust who you are able to talk to**✓

 **and able to gather reliable information from**✓**.**

6.4 Discuss THREE**(3)** factors that impact and influence one’s sexuality

**Discussion on each of the following:**

**Influence of friends and peers on one’s sexuality**

**Family and community norms that impact on sexuality**

**Cultural values that impact sexuality**

**Social pressures including media that impact sexuality**

**[15]**

**AND/OR**

**QUESTION 7**

Compose an essay that illustrates your understanding about substance use/abuse. In your essay you should include the following:

7.1 Definition of substance abuse.

**is a patterned use of a drug in which the user consumes the substance in amounts or with methods which are harmful to themselves or others**

7.2 Name and discuss TWO**(2)** social factors that contribute to substance abuse.

**Families: Children from dysfunctional families are at greater risk to use/abuse**

**alcohol. Children from ‘normal’ homes have better role models.**

**Community: Social groups can have either a positive e.g. youth clubs, or a negative. e.g. gangs, effect on individuals.**

**Media: The media can also have a positive or a negative effect. Famous people are often used as role models, which can also be either positive or negative.**

7.3 Discuss TWO**(2)** negative consequence substance abuse can have on an

individual who abuses them, **in terms of each of the following:**

1. Emotional and Behavioural

**Discussion of any TWO(2) of the following consequences:**

**mood changes, paranoia(constant fear or mistrust)**

**In very high doses: mental illness, strained relations with family and friends.**

1. Physical

**Discussion of any TWO(2) of the following consequences:**

**increased heart rate, dizziness, nausea, memory loss, high blood pressure, tremors, sleep disorders, constipation**

**In very high doses: heart attack, stroke, respiratory failure, coma and death, respiratory failure, mental illness, immune deficiencies, organ damage, exposure to dangerous diseases like HIV and AIDS.**

7.4 List TWO**(2)** South African organizations that would offer support and

care for substances abusers such as the one in the picture above.

**SANCA-South african national council on alcoholism and drug dependence**

**Narcotics Anonymous**

**Alcohol Detox and Drug Rehab in South Africa**

**Addictions Treatment Directory**

 **[15]**

**AND/OR**

**QUESTION 8**

Construct an essay where you critically evaluate the concepts of self-concept formation

and self-motivation. In your essay you should include the following:

8.1 Definition and discussion on both self-concept formation and self-motivation.

**self-concept formation: the idea or image you form about yourself**

**based on certain information.**

**Self-motivation:when you are encouraged to motivate to do something by your own interest and enthusiasm, without needing pressure from others**

**Discussion on self-concept and self-motivation**

8.2 Discuss FIVE**(5)** ways in which you can develop a positive self-concept.

**Discussion of Five(5) of the following**

**Appreciate the body you are developing**

**Discover what makes you an individual and appreciate your uniqueness**

**Start thinking independently and take control of your feelings**

**Take responsibility for your actions**

**Learn how to solve problems**

**Become good at making decisions**

**Form sincere and and supportive relationships**

**Plan your future after school**

8.3 Provide and discuss THREE**(3)** factors that affect self-concept

 formation and self-motivation.

**Thorough discussion about any Three(3) of the following:**

**Media, Environment, Friends and Peers, Family, Culture, Religion,**

**Community, Role Models.**  **[15]**

**SECTION C: 14 MARKS**

**End of Paper**

**TOTAL: 70 MARKS**