

Jeppia High School for Boys



Grade: 8 Examination: Life Orientation

Date: 28th June 2021
Duration: 1½ Hours
Total Marks: 70
Examiner: B. Riskowitz
QC Moderator: R. Riskowitz
Number of Pages: 7

Instructions:__

- Complete the front cover of your answer booklet.
- Answer all questions in the answer booklet provided.
- Number in the middle of the page.
- Rule off after each section.
- The following are not allowed in the examination room: school bags, cell phones, smart watches, tablets, books, dictionaries, notes, sketches or paper.

Only the official examination material distributed by the invigilator is allowed.

SECTION A (COMPULSORY)

Answer ALL of the questions in this section.

QUESTION 1

1.1 Various options are provided as possible answers to the following questions.

Choose the most correct answer and write only the letter (A-D) next to the question numbers (1.1.1 to 1.1.5) in the ANSWER BOOK, e.g. 1.1.6 B.

1.1.1 The internal drive that pushes us to achieve and keep on going forward.

- A. Self-motivation
- B. Self-belief
- C. Self-image
- D. Self-concept

1.1.2 Peer pressure is:

- A. when you feel that you must do something that your friends expect you to do
- B. when you feel that your parents are not listening to you
- C. when your friends are supportive and listen to you
- D. when you feel that your parents are happy with the friends that you have at school.

1.1.3 Media is one factor that influences our self-concept. It includes:

- A. Facebook, newspapers, radio and our environment
- B. radio, magazines, peers and newspapers
- C. newspapers, magazines, radio and Instagram
- D. Facebook, radio, television and environment.

1.1.4 What is meant by the term "abstinence":

- A. Saying yes
- B. Saying no
- C. Not saying no
- D. Not making a choice

1.1.5 Being assertive means:

- A. knowing your rights, so that you will fight for them without being rude
- B. making demands and accepting only your way as the right way
- C. not asking for help and considering only what you want and need
- D. never backing down and not listening to what others think or say. (5X1) (5)

- 1.2 Give ONE word/term for each of the following descriptions. Write only the word/term next to the question numbers (1.2.1 to 1.2.5) in the ANSWER BOOK.
- 1.2.1 Individual who learns best through hearing directions and speaking answers. (1)
- 1.2.2 Having the potential to cause cancer. (1)
- 1.2.3 The ability to understand and share the feelings of another. (1)
- 1.2.4 A positive form of stress having a beneficial effect on health, motivation, performance, and emotional well-being. (1)
- 1.2.5 Strategies that people often use in the face of stress and/or trauma to help manage painful or difficult emotions. (1)

TOTAL SECTION A: 10

SECTION B (COMPULSORY)

Answer ALL of the questions in this section. Write your answers in full sentences.

QUESTION 2

Read the extract below and answer the questions that follow:

Source: Unknown. 2021. "Skills to help you reach your full potential". Available from: <https://dariusforoux.com/full-potential/>

Skills to help you reach your full potential

Do you sometimes feel like you're wasting your potential? And do you also feel unsure about how you can even reach your full potential?

If so, you're like any other ambitious person who wants to make the best of his/her life. Because to me, that's what "reaching your potential" means.

We all have limited time on our hands. Some live longer than others. But you and I both know that it's not about how long you live, it's about what you do with the time that you're alive.

It's about leaving everything on the table and making sure that you live up to your inner drive.

Look, when I talk about reaching your potential, I'm not talking about what other people or society thinks we should do with our lives.

When you chase empty goals and objects, you become restless. Instead, chase your own potential and forget about everything external. Become the best person that you can be. That's the only honourable aim there is.

- 2.1 Define the term 'self-motivation' and state THREE ways that you can reach your personal potential. (1+3) (4)
- 2.2 Provide TWO reasons why it is important for teens to reach their full potential. (2X1) (2)
- 2.3 Discuss TWO reasons why a poor self-esteem can hinder your chances of reaching your full potential. (2X2) (4)
- 2.4 Critically evaluate TWO ways that positive self-talk would help you reach your personal potential. (2X2) (4)
- 2.5 Develop THREE practical strategies that schools can employ to equip learners with the skills needed to reach their full potential. (3X2) (6)
- [20]**

TOTAL SECTION B: 20

SECTION C

Answer any TWO questions in this section.

Your responses must consist of paragraphs. Marks will only be allocated for responses written in full sentences.

QUESTION 4

Read the heading below and answer the question that follows:

Source: Channel24. 2021. "JoJo Siwa thanks fans for support after opening up about her sexuality". Available from: <https://www.news24.com/channel/gossip/news/jojo-siwa-thanks-fans-for-support-after-coming-out-20210124>

“JoJo Siwa thanks fans for support after opening up about her sexuality.”

Construct an essay on sexuality.

Use the following as a guideline:

- Define the term “sexuality” and state TWO reasons why maintaining a healthy sexuality is important. (1+2) (3)
 - Discuss FOUR ways that your community influences your sexuality. (4X2) (8)
 - Propose THREE strategies of how social media can be used to positively impact sexuality in teenagers. In your answer, also indicate how EACH strategy can be used by school teachers to the same end. (3X3) (9)
- [20]**

QUESTION 5

Study the extract below and answer the question that follows:

Source: ENCA. 2021. "COVID-19 in SA: Western Cape prepares for third wave". Available from:
<https://www.enca.com/news/covid-19-sa-western-cape-prepares-third-wave>

COVID-19

CAPE TOWN - As the Western Cape begins to exit its COVID-19 second wave, preparations are already in place for a third wave.

Health authorities are concerned about people's behaviour now that restrictions have been eased and also with gatherings looming during the Easter weekend. These are some of the factors that could influence the third wave hitting sooner and harder. The Western Cape is not taking any chances and is gearing up for a third wave. Health authorities are using this time to stock up on supplies like PPE and improve on experiences from the previous wave.

Authorities are not able to say exactly when the third wave will hit.

Construct an essay on COVID-19.

Use the following as a guideline:

- Define the term 'asymptomatic' and list TWO dangers of being asymptomatic whilst having Covid-19. (1+2) (3)
 - Discuss FOUR ways that a Covid-19 positive patient can ensure that they do not spread the virus. (4X2) (8)
 - Recommend THREE practical ways that communities can show care and support to people living with sicknesses like COVID-19 (or HIV/AIDS) to manage their sickness. (3X3) (9)
- [20]**

QUESTION 6

Study the image below and answer the question that follows:

Source: Unknown. 2021. "COVID-19 highlights South Africa's need for local level social data". Available from: <https://theconversation.com/covid-19-highlights-south-africas-need-for-local-level-social-data-13780>

Social Needs and Life Roles

South Africa's government took radical action when the virus was detected in the country. Its scientists, advisors and politicians were able to draw on the experiences of other countries, combined with local data, to evaluate the risks and make enormously difficult decisions. Strong initial containment efforts were followed with a nationwide lockdown as community transmission began to increase. Globally, South Africa's rapid and evidence-based action has been lauded.

Unfortunately, this necessary strategy has come with massive and multi-dimensional costs, which have fallen hardest on the poor, who are least able to absorb them.

Construct an essay on Social Needs and Life Roles.

Use the following as a guideline:

- Define the term 'life roles' and people in their different stages of life have displayed varying social needs during periods of lockdown. (1+2) (3)
 - Describe FOUR negative effects that lockdown has had on the communities' needs in South Africa. (4X2) (8)
 - Recommend THREE ways that teens may have had to shift their typical life roles in cases where their guardians have passed away from Covid. In your answer, also indicate how EACH recommendation can develop to be responsible citizens who can help meet the social needs of South Africans in general. (3X3) (9)
- [20]**

TOTAL SECTION C: 40
GRAND TOTAL: 70